

## **True Thoughts MP3s Subliminal Script**

### **Rocketing Your Self-Esteem Subliminal Script**

I am confident in myself  
I can do anything  
I am very proud of myself  
My self-esteem is very high  
I am worth being alive  
I have eternal confidence in myself  
My self-esteem is infinite  
I am limitless in my abilities  
I attain everything I want  
My self-esteem increases every day  
I accept myself wholly  
I accept every aspect of myself  
I cherish what I say  
I cherish what I do  
I cherish what I believe  
I love myself wholly  
I believe in myself  
I know who I am  
I know my abilities  
I speak positively of myself  
I think positive thoughts of myself  
I listen to my dreams  
I follow my dreams  
I attain my dreams  
I am happy attaining my dreams