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True Thoughts MP3s Subliminal Script

Accepting Your Physical Self

I accept how I look
I love my body
I accept my body wholeheartedly
I feel good with how I choose to look
I welcome comments on how I look
I love myself more and more each day
I embrace and accept my physical self
My looks express my inner creativity
I express my creativity with my appearance
I love who I am
I love how I look
I have confidence in my physical self
I control how I look and present myself
I always present myself in a positive manner
I reflect my strong confidence in myself
My stature improves every day
My sense of self extends mentally and physically
I accept all of my body
I am beautiful
I show love to myself and others

NOTE:

Do not listen to this MP3 while driving or operating machinery.